

Nurturing Partnerships. Reimagining Palliative Care

# 2024 All Together Symposium

OCTOBER 4, 2024 | VANCOUVER, BC

**PROGRAM GUIDE** 



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# Welcome to the 2024 All Together Symposium!

I am honoured to welcome you to this special event in Vancouver, where we gather to explore the **theme of** *Nurturing Partnership. Reimagining Palliative Care*.

A biennial, transformative initiative sparked by the BC Centre for Palliative Care (BCCPC), the All Together Symposium (ATS) is the only provincial palliative care event in British Columbia! As we celebrate our 10<sup>th</sup> anniversary, BCCPC's 2024 symposium continues to highlight innovative approaches that integrate palliative care throughout the patient and family journey.

*Nurturing partnerships* - The 2024 ATS is dedicated to our partners—palliative care leaders, partner organizations, researchers, healthcare providers, policymakers, and individuals with lived experience. This symposium is a unique opportunity for cross-sector collaboration, allowing us to connect, engage, and inspire one another through meaningful conversations and shared experiences.

**Reimagining palliative care** - This year's program offers a full day of innovative and interactive sessions, discussion panels, and workshops led by noted community and palliative care experts. We are excited to feature keynote speakers Dr. Hsien Seow and Dr. Kelli Stajduhar, who bring a wealth of knowledge and expertise to the conversation. We are also honoured to present the inspiring story of a family's journey with serious illness, shared by Jordan and Kerena Letcher. Together, we will explore key insights, discuss emerging trends, and collectively reimagine what the future of palliative care can look like for patients, families, and communities across the province.

I would like to extend my heartfelt gratitude to the ATS planning committees, the BCCPC team, our sponsors, and presenters, whose time and efforts have been instrumental in making this event a success.

Throughout the day, I encourage you to take advantage of the opportunities to network, engage with presenters and colleagues, and explore new ideas that will help shape the future of palliative care in our province. Be sure to download the Whova event app to stay connected and participate in our thought-provoking activities and prize giveaways.

I hope you leave the event feeling inspired, energized, and equipped with new ideas and resources. Let's join together to make a collective effort to make a difference in the lives of people in British Columbia who would benefit from improved access to palliative care.

Enjoy the day!

Dr. Eman Hassan, Executive Director, BC Centre for Palliative Care

## **BC Centre for Palliative Care**

BC Centre for Palliative Care (BCCPC) is a provincial organization funded by the Ministry of Health to accelerate the spread of innovations and best practices in palliative care. To achieve this, BCCPC works with partners in the health system and community as well as researchers and policy makers.

Our work strives to help British Columbians affected by serious illnesses have the best possible quality of life, supported by care that reflects their goals and wishes. Responding to emerging needs and opportunities for fostering excellence in palliative care, BCCPC strives to ensure all its work is person- and family-centred, informed by evidence and rooted in lived experiences. The biennial All Together Symposium is part of BCCPC's efforts to galvanize collaborative efforts to foster compassionate communities, advance palliative care practices, and nurture partnership initiatives between the health system and community approaches to palliative care. BCCPC's accomplishments are highlighted in the recently published 'Five Years of Collective Impact Report' on www.bc-cpc.ca.

## 2024 All Together Symposium

## Nurturing Partnerships. Reimagining Palliative Care

The theme of the 2024 All Together Symposium, *"Nurturing Partnerships. Reimagining Palliative Care,"* highlights the power of collaboration in shaping the future of palliative care. By fostering strong partnerships across healthcare, community organizations, and policymakers, we can reimagine and enhance the quality of care for patients and families facing serious illness. This theme speaks to our shared commitment to advancing innovative, compassionate approaches that are centered on the needs and wishes of those we serve, while building stronger, more resilient communities of care across British Columbia.

## **Symposium Objectives**

Inspire: Spark new ideas and actions to improve access to palliative care.

Exchange Knowledge: Facilitate the exchange of ideas, best practices, and resources.

**Collaborate:** Foster collaboration across all palliative care sectors, spotlighting successful collaborative initiatives between the health system and community.

**Connect**: Create opportunities for building connections and strengthening relationships.

Learn: Explore innovations and discover new approaches in palliative care.

# Acknowledgements

## **Territorial Acknowledgment**

We acknowledge that we are living and working on the unceded and traditional territories of the Coast Salish Lands of the xwmə $\theta$ kwəyə (Musqueam), Skwxwú7mesh (Squamish), and səlilwəta?4 (Tsleil-Waututh) Nations, on which the All Together Symposium takes place. We also recognize the Métis, Inuit and Indigenous peoples living across the province on various traditional territories.



## **Symposium Planning Committee**

Thank you to the Symposium Planning Committees for their dedication and tireless efforts. For over a year, they have worked diligently behind the scenes to create this outstanding program. We also extend our deep appreciation to the Presentation Proposal Reviewers for their invaluable input and support in shaping our program.

Eman Hassan Kathleen Yue Melody Jobse Tina Lowery Lesley Johnston Lisa Clement Simon Anderson Joshua Black Stephanie Stuerle Pam Warkentin Christie Carrington Jenny Brodie Pam Martin Esther Owoyomi

## **Presentation Proposal Review Committee**

Susan Scott Gabe Barbara Pesut Eman Hassan Kevin Harter Della Roberts Kimberly Miller Dr. Andrew Collins

# **Program at a Glance**

08:00 - 08:30	Registration and Breakfast
08:30 - 09:10	Opening and Territorial Welcome
09:10 - 09:40	Keynote: Dr. Hsien Seow
09:40 - 10:00	Refreshment Break
10:00 - 11:00	Concurrent Sessions
11:00 - 11:10	Transition
11:10 - 12:10	Concurrent Sessions
12:10 - 1:10	Lunch and Networking
1:10 - 1:20	Opening Address
1:20 - 1:55	Keynote: Dr. Kelli Stajduhar
1:55 - 2:05	Transition
2:05 - 3:05	Concurrent Sessions
3:05 - 3:20	Refreshment Break
3:20 - 3:55	Keynote: Jordan & Kerena Letcher
3:55 - 4:30	Closing

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## **Keynote Speakers**



#### **Dr. Hsien Seow, PhD**

Dr. Hsien Seow, PhD, is the Canada Research Chair in Palliative Care and Health System Innovation and a Professor in the Department of Oncology, McMaster University. He publishes health care and policy research focused on improving care for patients with serious illness. He is the co-author of *Hope for the Best, Plan for the Rest: 7 keys for navigating a life-changing diagnosis,* and the cohost of *The Waiting Room Revolution* podcast.

This inspiring opening presentation, "*How we can achieve a palliative care revolution: A social movement of patients, families and clinicians*", will set our course for the day.

• Main Ballroom 9:10 – 9:40 AM

## Dr. Kelli Stajduhar, RN, PhD, FRSC, FCAHS, FCAN

Dr. Kelli Stajduhar is the Canada Research Chair in Palliative Approaches to Care in Aging and Community Health and a professor in the School of Nursing and Institute on Aging & Lifelong Health at the University of Victoria. She has worked in oncology, palliative care, and gerontology for 30 years as a practicing nurse, educator, and researcher. Her research have focused on the needs of people who experience structural inequities at the end of life. In 2022, she was awarded the Barer-Flood Prize from the Canadian Institutes of Health Research, and in 2023, she was named Hood Fellow at the University of Auckland, New Zealand.

Dr. Stajduhar's presentation, *"Nurturing Our Collective Capacity to Promote Equity-Informed Palliative Care"*, will set the stage for the second half of our symposium.



Main Ballroom 1:20 – 1:55 PM

## **Keynote Speakers**



## **The Letcher Family**

Our closing keynote speakers, Jordan and Kerena Letcher, are parents of five boys and live in Victoria, BC. and will share their remarkable story with you. The Letcher family faced the unimaginable when their middle son was diagnosed with Sanfilippo Syndrome (MPS IIIA), a rare and devastating genetic disease. This inspiring presentation, *"Finding Hope in a Reality of Hardship: A Parent's Perspective of Caring for a Child with Serious Illness"*, will share a deeply personal journey of parenting their son from diagnosis to palliative care, providing valuable insights for those in the medical and palliative care fields. They will walk through their experiences, highlighting the support from their community and healthcare providers that has had a profound impact on their family.

• Main Ballroom **3:20 – 3:55 PM** 

## Concurrent Sessions 10:00 – 11:00 AM

## Workshop 1: This is a one-hour detailed learning sesson.

#### Workshop 1:

Designing More Equitable Palliative Care: A Pan-Canadian Approach to Improving Access Quality & Safety of Care

#### Presenters:

Lindsay Yarrow and Dr. Kelli Stajduhar

This one-hour workshop will bring together guiding principles and values of the Improving Equity in Palliative Care Collaborative, along with evaluation results, to explore how lessons learned by the Collaborative can be incorporated more broadly in communities across Canada with a goal for a more just and equitable health and social care system. Location: Salon E 10:00 – 11:00 AM

## Breakout 1: This session is comprised of three 15-minute presentations.

**B1.1**: Healing Together: Community-Driven Grief Support Programs

#### Presenters:

Donna Flood

This presentation will focus on the comprehensive grief support programs offered by the Prince George Hospice Palliative Care Society (PGHPCS), emphasizing the role of community engagement, partnerships, and program evaluation to meet the unique needs of those experiencing loss. Location: Salon D 10:00 – 11:00 AM

## **B1.2**:

Grief and Bereavement Support for Staff in Long-Term Care Homes: Identifying Barriers and Facilitators

#### Presenters:

Caralyn Randa-Beaulieu

#### **B1.3**:

Blurring the Boundary Between Health Care Professionals and Patients (Legacy Project)

**Presenters**: Pippa Hawley This presentation differentiates between grief and bereavement support strategies, interventions, and rituals for long-term care staff and communities at cultural, organizational, workplace, interpersonal, and individual levels from a 2023 scoping review. Notable results outline the timing and key facilitation points of grief rituals to support long-term care staff engaged in resident end-of-life care based on examples from the broader literature.

There is a significant "power differential" between doctors and patients which can make patients feel vulnerable in their illness journey. This presentation will describe The Legacy Project, an intervention that aims to bridge that gap, bringing patients and health care professionals together in collaborative education and helping the patient to become the teacher. Location: Salon D 10:00 – 11:00 AM

Location: Salon D 10:00 – 11:00 AM

## Breakout 2: This session is comprised of two 30-minute presentations.

#### **B2.1**:

Co-Creating Regional Palliative Care Standards: a shared vision for consistent, quality care experience for clients receiving palliative care services in Vancouver Coastal Health

**Presenters**: Laura Frisby Vancouver Coastal Health provides care across three communities of care spanning a large geographic territory including urban, rural and remote care settings. Seven evidence-informed Palliative Care Standards were co-created by the Regional Palliative Program, leaders from each community, with input from 30+ partners. The standards sought to answer the question: "What can people and those they choose to include in their care expect from VCH palliative care services?". Location: Ballroom 3 10:00 – 11:00 AM

### **B2.2**:

Measuring the Quality of a Palliative Approach to Kidney Care

#### Presenters:

Sushila Saunders and Gaylene Hargrove

Provincial renal palliative quality indicators outline renal care that is attentive to the patient voice within the illness trajectory, in both advance care planning and understanding the impact of commonly experienced symptoms. This presentation will summarize how the BC Renal Palliative Care Committee identified, developed and implemented renal palliative quality metrics reporting across BC over the last 10 years. Location: Ballroom 3 10:00 – 11:00 AM

## Breakout 3: This session is comprised of two 30-minute presentations.

<b>B3.1</b> : Home Grown Hospice <b>Presenters</b> : Nancy McPhee	This presentation will explore how a community health centre on Galiano, a small rural and remote community on the Southern Gulf Islands, created a home hospice program for those with life-limiting illnesses and their families, friends and caregivers.	Location: Ports of the World 10:00 – 11:00 AM
<b>B3.2</b> : Reimagining a hospice model of care <b>Presenters:</b> Kara Lyons-Dietz and Katie Hennessey	Shifting landscapes in healthcare necessitate shifts in how we think about service delivery. This presentation will share the experiences of moving from a traditional facility-based hospice model to a community services- based model to meet the needs of the community and increase access to services.	Location: Ports of the World 10:00 – 11:00 AM

## Panel Presentation 1: This is a one-hour moderated interactive session.

Panel Presentation 1: Social Prescribing

**Presenters**: Bobbi Symes, Sandra Allison and Shannon Parsons Join us for this interactive social prescribing panel and learn about a person-centered approach that connects people to community-based supports and services to improve health and well-being. You will hear from noted experts in social prescribing, explore groundbreaking initiatives and learn about best practices, successes and challenges. Location: Main Ballroom 10:00 – 11:00 AM Workshop 2: This is a one-hour detailed learning sesson.

Workshop 2: Death Downtown: Alternative Memorialization on Vancouver's Downtown Eastside Presenters: Rebecca Peckham	Join us for this groundbreaking workshop and film, "Death Downtown: Alternative Memorialization on Vancouver's Downtown Eastside" from Rebecca Peckham. Rebecca is a licensed funeral director and deathcare guide at KORU Cremation   Burial   Ceremony in Vancouver, BC, and has produced a film featuring interviews with members of alternative arts communities in the Downtown Eastside. The interviewees discuss the stigmas of their communities, volunteer initiatives in deathcare and grief support, and suggestions for more inclusive conventional resources. The film highlights the community's resilience amidst high rates of homelessness and opioid deaths, showcasing their unique approach to deathcare and grief through alternative art.	Location: Salon E 11:10 AM – 12:10 PM
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## **Breakout 4:** This session is comprised of two 30-minute presentations.

#### **B4.1**:

Dialogue on Death and Dying - A Four-Day Joint Community Engagement Project Presentation

## Presenters:

MaryAnn Becher, Wendy Johnson, Michael Scales and Hannah Glavin New West Hospice Society, Century House and the City of New Westminster partnered together to demonstrate their commitment to grow as a Compassionate City. Hear about the group's experience of hosting the annual four-day series of educational seminars and events aimed at normalizing conversations on the far-too taboo subject of death and dying. Location: Salon D 11:10 AM – 12:10 PM

### **B4.2**:

Free Spirit Café: Attending to the Spirit in Hospice and Palliative Care

#### Presenters:

Jane Dawson and Christine Colbert

The spiritual domain is an essential but often neglected aspect of the holistic care framework used in palliative and hospice care. The Comox Valley Hospice Society's Free Spirit Café is a creative, participantfocused response to helping those affected by death and loss navigate the psychospiritual realities of their experience. Location: Salon D 11:10 AM – 12:10 PM

## Breakout 5: This session is comprised of two 30-minute presentations.

#### **B5.1**:

Goals of Care Conversations: Building Provider Skills and Learnings from the Patient Experience

#### Presenters:

Sherry Moon

## **B5.2**:

Barriers and Interventions to Improve Advance Care Planning in Patients Experiencing Structural Vulnerabilities: A Systematic Review and Thematic Analysis

**Presenters**: Brian Li and Andrew Jeong Inadequate goals of care (GoC) contribute to patient suffering, increased morbidity and mortality, inappropriate treatment decisions, delay in care and suboptimal patient and family experience. The Lions Gate Hospital GoC Initiative aimed to invest in provider skills and capabilities in discussing and documenting GoC; enable providers to appreciate the difference between completing a MOST (Medical Order of Scope of Treatment) order and having a GoC conversation and support a cultural shift in the way providers perceive and undertake GoC conversations.

This presentation will summarize the barriers and facilitators to advance care planning and interventions to improve advance care planning in patients with structural vulnerabilities. Location: Ballroom 3 11:10 AM – 12:10 PM

Location: Ballroom 3 11:10 AM – 12:10 PM

## Breakout 6: This session is comprised of three 15-minute presentations.

#### **B6.1**:

Empowering Palliative Patients and Families in BC: A Unique Palliative Navigation Program

#### Presenters:

Afzal Mangalji

#### **B6.2**:

Cultural Adaptation of Advance Care Planning Resources for Chinese and South Asian Communities

## Presenters:

Pam Martin

## **B6.3**:

A Rural Approach to the Compassionate Community Model

Presenters: Meghan Derkach This volunteer-based program has supported 98 palliative patients and families from the Ismaili Community in the Lower Mainland since 2017. The presenter will share the team's key experiences and learnings and will review the unique tools that the program has developed to rapidly assess the supports required by palliative patients and their families.

Between 2019 and 2021, the BC Centre for Palliative Care worked with members of the Chinese and South Asian communities to culturally adapt its advance care planning resources and develop new ones where appropriate. This presentation will outline the process around this work, key findings from each community and the resulting toolkit, with resources for community organizations, facilitators, and the public.

This presentation will address inequitable access to care in rural communities and how the power of collaboration can drive innovative solutions. By working together, we can reimagine palliative care and shape public policy within the ruralbased sector. Location: Ports of the World 11:10 AM - 12:10 PM

Location: Ports of the World 11:10 AM – 12:10 PM

## Location:

**Ports of the World** 11:10 AM – 12:10 PM

## Panel Presentation 2: This is a one-hour moderated interactive session.

Panel Presentation 2: Conversations that Matter

**Presenters**: Jackie Scott, Camara van Breemen, Heather Kilgour, Sarah Lau This informative panel will feature presentations on advance care planning, serious illness conversations and goals of care. Our panellists include experts from Vancouver Coastal Health, Sunshine Coast Hospice Society, Canuck Place Children's Hospice and BC Cancer.

This panel session is proudly sponsored by Pallium Canada.

Location: Main Ballroom 11:10 AM – 12:10 PM Workshop 3: This is a one-hour detailed learning session.

#### Workshop 3:

Healing Indigenous Hearts Facilitator Training

#### Presenters:

Corrina Chase and Elder Doreen Peter

This facilitators' training workshop addresses the need to support First Nations individuals in British Columbia grieving the loss of loved ones due to toxic drug poisoning or drug-related harms. It offers a comprehensive framework for peerled, community-driven support groups, incorporating culturally safe, Indigenous-led methodologies. The guidebook aims to facilitate the transition from grief to hope and healing using support circles and healing tools. Location: Salon E 2:05 – 3:05 PM

## Breakout 7: This session is comprised of two 30-minute presentations.

#### **B7.1**:

Coordinating Compassionate Palliative Care for People Living with Neurodevelopmental Complexity

## Presenters:

Susan Scott Gabe, Diane T. Finegood and Sergio Cocchia

## **B7.2**:

Stories of Access: How Community-Based Networks Supported Access to Palliative and Hospice Care for People Living with the Labels of Intellectual Disability

## Presenters:

Meaghan Taylor-Reid and Sophie Yendole Using a PechaKucha-style format, this session will engage attendees using storytelling in a manner that celebrates people, passion, and creative thought. This presentation will highlight British Columbians with neurodevelopmental disabilities who suffer because the current healthcare system fails to provide consistent, coordinated, integrated, and compassionate palliative care for this underserved and diverse population.

Hear stories of how people living with intellectual disabilities have been supported to access palliative and hospice care across the Lower Mainland. A community leader in advocacy, The Planned Lifetime Advocacy Network (PLAN) offers 30+ years' experience providing planning assistance to families to help secure the future for their family member with a disability. Location: Salon D 2:05 – 3:05 PM

Location: Salon D 2:05 - 3:05 PM

## Breakout 8: This session is comprised of two 30-minute presentations.

### **B8.1**:

Development and Implementation of a Framework and Tools to Support Transitions from Acute to Community for Clients with Palliative Care Needs

### Presenters:

Danielle Killoran

## **B8.2**:

Capturing a Palliative Approach to Care Upstream in Primary Care Practice in BC

#### Presenters:

Katherine Bertoni

This presentation will explore a framework and tools, developed and implemented in Vancouver Coastal Health (VCH) and Providence Health Care (PHC), to support transitions from acute to community for clients with palliative care needs. These tools support standardized communication across care settings and teams and ensure that clients with palliative care needs will be identified early, and will experience safe, seamless, continuous care at transitions.

This presentation is a PhD dissertation study exploring earlier and better integration of a palliative approach into the routine care and management of adults with chronic, life-limiting conditions within primary care practices in BC. Location: Ballroom 3 2:05 – 3:05 PM

Location: Ballroom 3 2:05 – 3:05 PM

Breakout 9: This session is comprised of two 30-minute presentations.

#### **B9.1**:

A Network of Palliative Care in the Cowichan Valley

**Presenters**: Lina Al-Sakran and Donna Jouan-Tapp In response to a growing need for supported end of life care in the community, an evidence-based cross-sectoral approach was developed to create an enhanced network of palliative care in the Cowichan Valley. This network supports the right care in the right place, supports client's end-of-life wishes while reducing the need for acute care admission. Location: Ports of the World 2:05 – 3:05 PM

## **B9.2**:

Nurturing Shared Care for Paediatric Clients

### Presenters:

Katie Hennessy and Camara van Breemen

Children with serious and lifelimiting illnesses outside of the Lower Mainland rely on Canuck Place Children's Hospice for care and support, which requires them to travel and spend time outside of their home communities. Island Health's Palliative & End of Life Care program and Canuck Place supports clinicians caring for pediatric patients and improves pathways for referrals, awareness of resources and communication amongst the care team, the promotion of shared care, and most importantly, improves the experience of children and their families.

Location: Ports of the World 2:05 – 3:05 PM

# **Thank You to our Sponsors**

We extend our sincere thanks to our sponsors for their generous support of the 2024 All Together Symposium. Your partnership has been instrumental in making this event possible and advancing palliative care in British Columbia.

## Platinum



Working with communities in BC's North, Interior, Lower Mainland, Central & Northern Vancouver Island

## Silver









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Please visit our sponsor exhibitor tables for valuable information & resources!

# **General Information**

## **Registration Desk**

October 4 8:00 – 8:30 AM

## Food & Beverage

Food and beverages will be served in the Pinnacle Harbourfront Ballroom foyer.

Continental Breakfast: 8:00 – 8:30 AM

Morning Refreshments: 9:40 – 10:00 AM

Lunch: 12:10 - 1:10 PM

Afternoon Refreshments: 3:05- 3:20 PM

## **Social Media**

Share your experience and favorite presentations on social media! Connect with others by using the hashtag #AllTogether2024.

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## **Book Sales**

Meet our keynote presenter, Dr. Hsien Seow, at the lunch break in the Pinnacle Harbourfront Ballroom foyer and purchase a copy of his book, *"Hope for the Best, Plan for the Rest: 7 Keys for Navigating a Life-Changing Diagnosis".* 

## **Contests & Prizes**

Engage with us onsite and within the Whova app. Enter contests, participate in discussions, win prizes, network and have fun!



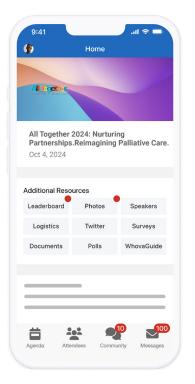
## **Giveaways!**

Stop by the BC Centre for Palliative Care's display table, check out our valuable resources and pick up free gifts!

## WIFI

Network: Pinnacle\_CONFERENCE \*No password required

# **Download our Event App**



## **Key Features in Whova!**

#### **Personal Schedule**

Access the event agenda, session locations and speaker details. Select and add your preferred sessions to your personal agenda.

### Announcements

Stay informed of all ATS 2024 updates in one convenient location.

#### **Venue Maps**

View maps of the ATS 2024 venue.

## Polls

Participate in live polls throughout the event.

DESIGN



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Open session-specific resources and topics in the app for easy viewing.

**Documents** 

## **Evaluations**

Provide session and event feedback directly in the app.

## Networking

Meet your colleagues and fellow attendees! Connect through real-time chat.

## **Prizes and Giveaways**

Win prizes for engaging on the app and get notified about ATS 2024 giveaways!



Share your thoughts in WHOVA!

Notes	

Notes	

# Want More All Together Content?

## Join Our All Together ECHO Series!

This series focuses on compassionate communities initiatives and is open to health care providers, volunteers, volunteerled organizations, community groups, and individuals looking to be inspired by and learn from others developing compassionate communities.

## Interested in presenting at the All Together ECHO Series?

We would love to hear from you! Contact us: conversations@bc-cpc.ca

## **Other ECHO Learning Opportunities!**

The BC Hub for Palliative Care ECHO Program offers invaluable learning opportunities. Here are some of our popular ECHO series:

- Grief & Bereavement Literacy Series Open for everyone!
- Flexing Your Core Series Designed for healthcare providers
- Essential Conversations Series Tailored for healthcare providers

Visit **https://www.bc-cpc.ca/echo** to explore and register for sessions.





## Stay in touch with the BC Centre for Palliative Care!

**Sign up for CentrePoint newsletter** to receive monthly updates on our current initiatives, research, partnerships, and education resources. https://www.bc-cpc.ca/centrepoint-2/

## Follow us on social media!



BC Centre for Palliative Care





@BCC4PC





# Save the Date!

## Mark your calendar for the third All Together Symposium in 2026!





Advancing palliative care through best practices, innovation, and collaboration www.bc-cpc.ca